Bree Zhang
Eating Disorders and Oral Health: Bridging the Gap in Dental Practice

Tuesday April 13, 2027/6pm

Maestro's Caterers 1703 Bronxdale Avenue, Bronx NY 10462

Buffet Dinner and Open Bar at 6pm
Lecture at 7pm
$35 for BCDS members/$75 for non-members/ Free for residents of Bronx Hospital programs
3 CE credits

This lecture discusses the relationship between eating disorders and oral health, with an emphasis on the role of practicing dentists in recognizing clinical signs, communicating sensitively with patients, and supporting appropriate management and referral. The goal of this lecture is to improve learner's ability to:

- Identify intraoral, extraoral, behavioral, and psychosocial risk factors that may suggest an eating disorder or disordered eating pattern.
- Discuss eating disorder-related concerns with patients using patient-centered and nonjudgmental communication strategies.
- Manage oral health complications associated with eating disorders through appropriate prevention, treatment planning, documentation, and follow-up.
- Refer patients with suspected or known eating disorders to appropriate medical, behavioral health, nutritional, or interprofessional care resources.

Bree Zhang is a fourth-year dental student and triple-degree candidate (DDS/MPH/MA) at Columbia University College of Dental Medicine. She is an appointed member of the New York State Dental Association Substance Use and Well-Being Committee, and her research focuses on interprofessional education, emerging technologies (e.g. artificial intelligence) in dental education, and improving provider preparedness to care for patients with diverse needs.

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